

DID YOU KNOW?

This menu has been proudly awarded the Bronze School Plate Award by ProVeg International!

What we eat has a huge impact on the world around us. We've made small changes to create a healthier, more sustainable menu.

Eating less meat is one of the biggest ways to help the environment—and it can still be super tasty!



FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



MENU

AUTUMN/WINTER

2025-26



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Margherita Pizza with Jacket Wedges (V) **or**
 Rainbow Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Chocolate & Vanilla Swirl Cookie (Ve)

TUESDAY

Chicken Tikka Masala with Rice
or Classic Mac & Cheese (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Apple Cake (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
 Loaded Yorkshire with Roasties (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Fruity Jelly (Ve)

THURSDAY

Homestyle Sausage Roll with Mash & Gravy
or Plantastic Balls with Mash & Gravy (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
 Crispy Garden Fingers with Chips (Ve)
 Tomato Soup (Ve) with a Cheese Sandwich (V)
Veg of the Day
 Banoffee Crumble (Ve) with Custard (V)

1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25,
 15/12/25, 5/1/26, 26/1/26

WEEK TWO

Margherita Pizza with Jacket Wedges (V) **or**
 Rainbow Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Vanilla Snap (Ve)

Italian Sausage Pasta Bake
or Penne with Garden Bolognese (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Jaffa Cake Sponge (V)

Roast of the Day with Roasties & Gravy **or**
 Toad in the Hole with Roasties & Gravy (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Fruity Jelly (Ve)

Cottage Pie
or Golden Topped Cottage Pie (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
 Crispy Garden Fingers with Chips (Ve)
 Tomato Soup (Ve) with a Cheese Sandwich (V)
Veg of the Day
 Banana Custard Ice Cream (V)

8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25,
 22/12/25, 12/1/26, 2/2/26

WEEK THREE

Margherita Pizza with Jacket Wedges (V) **or**
 Rainbow Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Lemon Biscuit (Ve)

Sausage with Mash & Gravy
or Sausage with Mash & Gravy (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Oaty Apple & Rhubarb Crumble (Ve) with Custard (V)

Roast of the Day with Roasties & Gravy **or**
 Butternut Squash Hot Pot with Roasties (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Fruity Jelly (Ve)

Penne with Beef Bolognese
or Sweet Potato Korma with Rice (Ve)
 Jacket Potato with a Choice of Filling (V/Ve Options)
Veg of the Day
 Choco Krispie Bite (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
 Crispy Garden Fingers with Chips (Ve)
 Tomato Soup (Ve) with a Cheese Sandwich (V)
Veg of the Day
 Banana Cake (V)

15/9/25, 6/10/25, 27/10/25, 17/11/25, 8/12/25,
 29/12/25, 19/1/26, 9/2/26

V - Vegetarian Ve - Vegan



Classic Tomato Pasta (Ve) is also available daily

along with freshly baked bread, salad, fresh fruit, jelly (Ve), yoghurts (V) and fresh drinking water.