

WEEK 1

7th November / 28th November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st Choice	Swedish Meatballs Mashed Potato Creamy Gravy Sweetcorn/Carrots/ Salad	Mild & Sweet Chicken Curry with Rice Cauliflower/Green Beans/Salad	Slow Roasted Chicken Roast Potatoes Stuffing Gravy Peas/Carrots/Salad	Pasta with Bolognese Sauce Cucumber Sticks/ Tomato Wedge/ Salad	MSC Fish Fingers Chips/ Tomato Sauce Peas/ Baked Beans/ Salad
2nd choice	Quorn Swedish Meatballs Mashed Potato Creamy Gravy Sweetcorn/Carrots/ Salad	Mac & Cheese Cauliflower/Green Beans/Salad	Quorn fillet roast potatoes Stuffing Gravy Peas/Carrots/Salad	French Bread margherita Pizza Salad Cucumber Sticks/ Tomato Wedge/ Salad	Quorn fishless Fingers with Chips/Tomato Sauce Peas/Baked Beans/ Salad
3rd Choice	Jacket Potato Baked Beans/Cheese Sweetcorn/Carrots/ Salad	Jacket Potato Tuna Mayo/Cheese Cauliflower/Green Beans/Salad	Jacket Potato Baked Beans/Cheese Peas/Carrots/Salad	Jacket Potato Tuna Mayo/Cheese Cucumber Sticks/ Tomato Wedge/ Salad	Tomato Soup & Cheese Baguette
Pudding	Fresh Fruit or Yoghurt	Jammy Dodger Flapjack or Fruit	Strawberry Jelly & Pears or Fruit	Apple Crumble with Custard or Fruit	Chocolate Shortbread or Fruit

WEEK 2

14th November / 5th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st Choice	Pork Sausages Mashed potato Gravy Peas/Carrots/Salad	Rainbow Vegetable & Chicken Stir-Fry Sweetcorn & Peppers/Peas/Salad	Slow Roasted Turkey with Roast Potatoes & Gravy Cauliflower/Carrots/ Salad	Chicken & Sweetcorn Pasta Bake Broccoli/Sweetcorn/ Salad	MSC Fish Fingers, Chips Tomato Sauce Peas/Baked Beans/ Salad
2nd choice	Veggie Sausages Mashed potato Gravy Peas/Carrots/Salad	Ravioli with Tomato Sauce Sweetcorn/Peppers/ Peas/Salad	Tomato & cheddar Plait with Roast Potatoes Cauliflower/Carrots/ Salad	Rainbow Vegetable Stir-Fry Broccoli/Sweetcorn/ Salad	Quorn fishless Fingers with Chips Peas/Baked Beans/ Salad
3rd Choice	Jacket Potato Baked Beans/Cheese Peas/Carrots/Salad	Jacket Potato Tuna Mayo/Cheese Sweetcorn & Peppers/Peas/Salad	Jacket Potato Baked Beans/Cheese Cauliflower/Carrots/ Salad	Jacket Potato Tuna Mayo/Cheese Cucumber Sticks/ Broccoli/Sweetcorn/ Salad	Tomato Soup & Cheese Baguette
Pudding	Fresh Fruit or Yoghurt	St Clement's Shortbread or Fruit	Pear, Cinnamon & Sultana Crumble with Custard or Fruit	Apple & Pear Crumble with Custard or Fruit	Chocolate & Beetroot Brownie or Fruit

WEEK 3

21st November / 12th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st Choice	<p>Chicken & Sweetcorn Pie topped with Cheesy Mash</p> <p>Peas/Sweetcorn/Salad</p>	<p>Texan One pot Beef Chilli</p> <p>Super Greens/Salad</p>	<p>Slow Roasted Pork with Roast Potatoes & Gravy</p> <p>Peas/Carrots/Salad</p>	<p>Arabiatta Chicken Meatballs with Pasta</p> <p>Cucumber Sticks/Tomato Wedges/Salad</p>	<p>MSC Fish Fingers, Chips Tomato Sauce</p> <p>Peas/Baked Beans/Salad</p>
2nd choice	<p>Vegetarian Shepherd's Pie</p> <p>Peas/Sweetcorn/Salad</p>	<p>Cauliflower Mac & Cheese</p> <p>Super Greens/Salad</p>	<p>Veggie Sausage Toad in the Hole with Roast Potatoes & Gravy</p> <p>Peas/Carrots/Salad</p>	<p>French Bread Margherita Pizza with Coleslaw</p> <p>Cucumber Sticks/Tomato Wedges/Salad</p>	<p>Quorn Fishless Fingers with Chips</p> <p>Peas/Baked Beans/Salad</p>
3rd Choice	<p>Jacket Potato Baked Beans/Cheese</p> <p>Peas/Sweetcorn/Salad</p>	<p>Jacket Potato Tuna Mayo/Cheese</p> <p>Super Greens/Salad</p>	<p>Jacket Potato Baked Beans/Cheese</p> <p>Peas/Carrots/Salad</p>	<p>Jacket Potato Tuna Mayo/Cheese</p> <p>Cucumber Sticks/Tomato Wedges/Salad</p>	<p>Tomato Soup & Cheese Baguette</p>