

# WEEK 1

04/11/19, 25/11/19, 16/12/19, 20/1/20,  
10/2/20, 9/3/20, 30/3/20

MONDAY

Sausage & Mash with Gravy  
or  
Veggie Mince Pie, Gravy & Mash(v)  
or  
Jacket Potato with Choice of Filling (v)  
Super Greens, Sliced Carrots  
Lime Shortbread

TUESDAY

Beef Lasagne with Garlic Bread  
or  
Veggie Chilli & Rice (v)  
or  
Jacket Potato with Choice of Filling (v)  
Green Beans, Mixed Salad  
Summer Fruit Swirl Sponge with Custard

WEDNESDAY

Roast Chicken with Stuffing, Gravy & Roast Potatoes  
or  
Veggie Sausages with Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli, Carrots  
Caramelised Apple Crumble with Custard

THURSDAY

Beef Chilli & Rice  
or  
Veggie Burger with Potato Wedges & Tomato Sauce (v)  
or  
Jacket Potato with Choice of Filling (v)  
Mixed Salad, Sweet Corn & Peppers  
Butterscotch Bread & Butter Pudding with Custard

FRIDAY

MSC Salmon Fingers or Fish Fingers with Chips & Tomato Sauce  
or  
Spring Vegetable Pasta with Garlic Bread(v)  
or  
Tomato Soup & Cheese Baguette (v)  
Baked Beans, Garden Peas  
Strawberry Jelly & Peach Slices (v)

FRESH  
HEALTHY  
TASTY



# WEEK 2

11/11/19, 02/12/19, 06/1/20, 27/1/20,  
24/2/20, 16/3/20

Beef Wraps with Jacket Wedges  
or  
Mac & Cheese with Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Baked Beans, Mixed Salad  
Peach Melba Sponge with Custard

Arabiatta Chicken Meatballs with Penne Pasta & Fresh Bread  
or  
Cheese & Onion Pinwheel & Herby Diced Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli, Carrots  
Strawberry Jelly & Fruit (v)

Roast Turkey with Gravy & Roast Potatoes  
or  
Quorn Fillet with Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli & Rainbow Vegetables  
Chocolate Beetroot Brownie

Ham & Cheese Pizza with Jacket Wedges  
or  
Cheese Tomato Pizza with Jacket Wedges (v)  
or  
Jacket Potato with Choice of Filling (v)  
Golden Corn, Green Beans  
Arctic Roll

Bubble Crumb Fish with Tomato Sauce & Chips  
or  
Veggie Pasta Bake (v)  
or  
Tomato Soup & Cheese Baguette (v)  
Baked Beans, Garden Peas  
Carrot Cookie

# WEEK 3

18/11/19, 9/12/19, 13/1/20, 3/2/20,  
2/3/20, 23/3/20

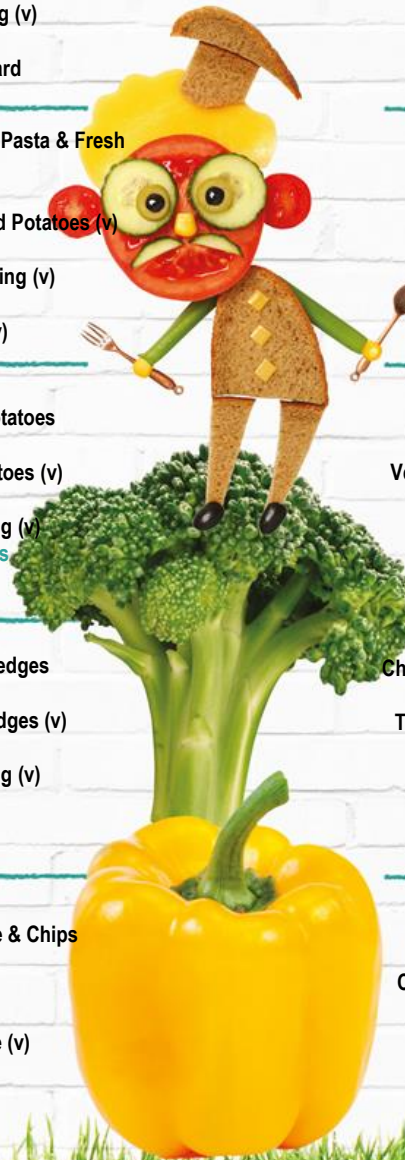
Hot Dog with Herby Diced Potatoes & Tomato Sauce  
or  
Veggie Hot Dog with Herby Diced Potatoes & Tomato Sauce (v)  
or  
Jacket Potato with Choice of Filling (v)  
Golden Corn, Baked Beans  
Coconut Jam Slice

Spaghetti Beef Bolognese with Garlic Bread  
or  
Macaroni Cheese & Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Green Beans, Cauliflower  
Berry Sponge with Custard

Roast Chicken with Gravy & Roast Potatoes  
or  
Veggie Sausages with Gravy & Roast Potatoes(v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli, Carrots  
Raspberry Oat Slice

Chicken & Sweetcorn Pasta Bake with Garlic Bread  
or  
Tomato & Basil Pasta Bake with Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Golden Corn, Mixed Salad  
Vanilla Ice Cream (v)

Battered Cod with Chips & Tomato Sauce  
or  
Cheese & Tomato Pizza Pinwheel with Chips (v)  
or  
Tomato Soup & Cheese Baguette (v)  
Baked Beans, Garden Peas  
Strawberry Jelly with Pineapple Chunks (v)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.